

Dissociative Identity Disorder and Its Significance to Nina Sayer's Personality Development in Black Swan Movie

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Abstract

The portrayal of mental illness is often depicted in movies through characters' characterization. As literary work's purpose focuses on the words and on a conscious and consider arrangement of the words to produce a pleasing or enhancing effect, it can be concluded that movie is one of the best literary work as the tools for portraying the phenomenon of life. This research focuses on the movie entitled Black Swan that was released in 2010. By using that movie, the researcher aims to reveal the psychological issue suffered by the main character, Nina. Through the movie, it is believed that behind the soft and kind attitude of Nina, there was a master of evil and sensual role. Considering that, this research aims to reveal the portrayal of Dissociative Identity Disorder (DID) as seen through Nina in the movie. Furthermore, this research also aims to see the impacts obtained by Nina to her personality development. To conduct the analysis, the researcher used the DID theory by Diagnostic Statistical Manual of Mental Disorder (DSM) as well as the personality theory by Carl Rogers. There are seven symptoms used to reveal the existence of DID in the main character. Meanwhile, there are three components of personality to see the personality development of the main character. To present the data, the researcher used descriptive qualitative methods to describe and explain the issue of DID and personality changing in Nina. Hence, the data are in the form of dialogues and scenes that were taken from the movie. The findings of this research found that Nina Sayer in the movie of Black Swan fulfilled all the symptoms of DID. Due to her DID, Nina also showed the personality changes, by showing her development on her self-worth, self-image, and ideal-self. It happened due to the tense and burden Nina got during her practice time as the Swan Queen.

Keywords: Black Swan, dissociative identity disorder, personality.

Introduction

The portrayal of mental illness is often depicted in movies through characters' characterization. According to an American voluntary health organization, American Foundation for Suicide Prevention, out of 4598 characters in movies, 1.7% experience a mental health condition (Stacy L Smith, 2019). As literary work's purpose focuses on the words and on a conscious and consider arrangement of the words to produce a pleasing or enhancing effect, it can be concluded that movie is one of the best literary work as the tools for portraying the phenomenon of life. Thus, the researcher chooses Black Swan movie as the media to be analyzed based on some criteria. The movie focuses on a ballerina, named Nina Sayers, who prepared for a performance of Swan Lake Tchaikovsky. The journey of Nina in the movie showed that Nina got a psychological disorder due to the pressure she got during the preparation of the performance. The problems faced by Nina is believed caused symptoms of one of mental disorder which is Dissociative Identity Disorder.

According to (Philip Wang, 2018), Dissociative Identity Disorder (DID) (previously known as multiple disorder) involve problems with memory, identity, emotion, perception, behavior and sense of self. Dissociative Identity Disorder symptoms can potentially disrupt every area of mental functioning. The symptoms of Dissociative Identity Disorder that appear in the movie showed the main problems of how the researcher interested in conducting this research. By knowing the symptoms, the researcher can easily assume that the main character of the movie is indeed suffer from Dissociative Identity Disorder. The researcher tries to portray how Dissociative Identity Disorder symptoms portrayed through the main character and also tries to reveal out the impacts obtained by Dissociative Identity Disorder sufferer as portrayed through Nina Sayers character of Black Swan movie. The researcher also wants to prove that suffering from Dissociative Identity Disorder will give many impacts toward someone's personality development in their whole life. By conducting this research, the researcher hopes that it will be useful for next research related to Black Swan movie or the issue inside this paper which is about mental disorder, specifically Dissociative Identity Disorder.

Hence, this research aims to describe the symptoms of Dissociative Identity Disorder (DID) as well as the impacts of DID on the sufferer to the personality development, as portrayed through Nina Sayers in Black Swan. It is expected that this research can be insight and inspiration for others deeper analysis of psychological issue.

Method

In this research, the researcher used the psychological approach. Psychology in literature is taking an important role in bringing theory and issue within this paper. Psychology of literature is the study of the author's psychology as an individual or as an author who creating a literary works (Dinurriyah, 2004). Thus, psychological approach is about the author's life who taken into consideration of their literary works. The author's perceptions, unconscious and conscious mind, and the plot of their works are the signs of their psychological traits in creating literary work (Wellek & Warren, 1963). When an author produces a literary work, their biographical circumstances and background is often influence on how their literary work created (Freud, Introduction to Psychoanalysis, 1917). The aim of psychological study folds in three natures. Foremost, the objective of understanding behavior, that is by defining factors that combine the development and expression of behavior. Secondly, the psychologist striving to develop procedure for the accurate prediction of behavior. Thirdly, psychology aims at developing techniques that will permit the control of behavior that is, way of "shaping" or course of psychological development through manipulating those basic factors to the growth and the expression of behavior.

Additionally, the researcher also used the dissociative identity disorder, as this research focused on the portrayal of DID in a movie. According to World Health Organization (WHO), mental disorder is generally characterized by a combination of abnormal thoughts, perceptions, emotions, behaviors, and relationships with others. Mental disorder has many different types and different presentations (WHO, 2019). Thus, dissociative identity disorder is become the issue chosen by the researcher to analyze the movie.

Dissociative identity disorder was previously known as multiple personality disorder. American Psychiatric Association stated that dissociative identity disorder is associated with an unforgettable-overwhelming experiences, abuse, and/or traumatic events that happened in childhood (Philip Wang, 2018). According to a survey conducted by Stein, 14.4% out of 25,018 respondents from 16 different countries suffered post-traumatic stress disorder (PTSD) as one of most common symptom of dissociative identity disorder (Stein et al., 2014). United States treatment service for substance abuse and co-occurring mental health disorders stated that 2% out of people in the world suffered from Dissociative Identity Disorder and most of them are women. Men are more likely to hide symptoms and painful memories. Meanwhile, women experience symptoms more regularly than men. Men are also easier to show their aggressive behaviors and have less memory loss than women, which contributes to less diagnoses. Moreover, women are often in facing childhood abuse than men (Smith, 2020). Thus, most of the sufferers experienced unforgettable traumatic events during their childhood. In line with the movie chosen by the researcher, the main character also has a traumatic problem. Her mother nurtured her to be a perfect ballerina as she was. That problem leads the main character feels the other identified Dissociative Identity Disorder symptoms and make her difficult to differentiate realistic and unrealistic things.

The symptoms of Dissociative Identity Disorder will guide the researcher to analyze this paper. The scene and movie script also will trustful enough to become a media in analyzing Dissociative Identity Disorder through the main character behaviors and experiences. According to DSM-5 (Diagnostic and Statistical Manual), someone will be diagnosed as Dissociative Identity Disorder sufferer if they fulfil all the symptoms/criteria. Philip Wang, M.D., Dr.P.Hdirector of research for the American Psychiatric Association (APA)stated that there are 7 diagnostic criteria of Dissociative Identity Disorder sufferer (Philip Wang, 2018), which are; 1) Experiences two or more distinct identities or personality states; 2) The changing of sense of self, sense of agency, changes in behavior, consciousness, memory, perception, and cognition; 3) Frequent gaps of sufferer's memories of personal history, including people, places, and events, for both the distant and recent past. These recurrent gaps are not consistent with ordinary forgetting; 4) Having depersonalization symptoms, feels like detached from thoughts, feelings, and like being separate from one's own body, as if the sufferers were watching their body with another personality; 5) Significant stress or problems in relationships, work or other important areas of sufferer's life; 6) A perception of the people and things around the sufferer as distorted and unreal; 7) Inability to cope well with emotional or professional stress.

Lastly, the researcher also used the personality theory by Carl Rogers. Personality theory by Carl Rogers is used to know the development of Nina Sayer's personality. Rogers described Personality theory as the idea of self or self-concept. The self is a humanistic expression for who we are as individuals. The self is our inner personality. It is shaped by a person's experiences as well as people's perceptions of those experiences. Childhood experiences and other people's evaluations are two major influences on our self-concept (Bhoite & Shinde, 2019). Rogers also described his theory by explaining the growth of a person need an environment that provides them with genuineness, acceptance, and empathy (McLeod, 2014).The self-concept includes three components, which are:

1. Self-worth, self-worth compares what we think about ourselves. Rogers believes feeling of self-worth developed in early childhood and were formed from the interaction of the child with the mother and father. Moreover, a person with a high self-worth also has confidence and positive feelings about him or herself, faces challenges in life, accepts failure and unhappiness at times, and is open with people
2. Self-image, is about how we see ourselves, how we appreciate what we have, perceiving ourselves as a good or bad person. Beautiful or ugly self-image affects how a person thinks, feels, and behaves in the world.
3. Ideal-self, is about who we would like to be. It consists of our goals and ambitions.

Ideal-self makes the dynamic of our lives forever changing. Ideal-self of childhood, teen, and adult will always changing. To conduct the analysis, descriptive qualitative method is used. In elaborating the idea of this research, the researcher uses qualitative research. It helps the researcher to gain the objective of the research. According to Conaway & Powell (Connaway & Powell, 2010), "Qualitative research method focus on observing events from the perspective of those involved and ettemp to understand why individuals behave as they do. They take more nature approach to the resolution of research problems".From the explanation above, qualitative method is influential because this study is considering the experience or the act of Nina Sayers as the main character of Black Swan movie. By knowing the symptoms of Dissociative Identity Disorder and relate it to Carl Roger's theory about personality, the researcher will find out why that mental disorder gives significance to Nina's personality development.

Findings and Discussion

This chapter aims to analyze the existence Dissociative Identity Disorder (DID) as seen in the main character of Black Swan movie, namely Nina Sayers. Moreover, the researcher also explained the impacts obtained by Nina Sayers as a sufferer of DID towards her personality development as portrayed in Black Swan movie.

Diagnostic Criteria of Dissociative Identity Disorder

To reveal and proof whether or not Nina Sayers was the sufferer of DID in Black Swan movie, the researcher needed to analyze the symptoms of DID with Nina Sayers behavior.

Experiences two or more distinct identities or personality states

The first symptom of DID, according to the American Psychiatric Association (APA) is the sufferer experiences two or more distinct identities and/or personality states (Philip Wang, 2018). This symptom will show that the sufferer has two or more personalities or identities that are very different one to another.

Datum 1

"She grabs a pair of little scissors from the medicine cabinet and starts trimming her fingernails. She looks up at the mirror and sees her reflection snip off the tip of her index finger. Nina gasps and drops the scissors, clanging in the sink. Two of her fingers are bleeding, their tips sliced.

The datum above happened in the minute of 00.52.19, when Nina felt sad after her practice of being a Swan Queen. She felt that she did badly in her practice. So, after she went home, she lied in the bath and tried to close her eyes. Suddenly, she got shocked when she saw her other self. When she suddenly got her consciousness back, she realized that her finger was bleeding and it turned out that she unconsciously hurt herself by scratching her back unconsciously until it bled. After she realized that, she directly went out of the bath, took her nail-clipping, and went in front of the mirror to trim or cut her fingernails, so she would not hurt herself anymore. But, when she looked at the mirror, she suddenly saw the other version of herself looking her through the mirror in the evil way. In the movie, it was shown that Nina had other identity or personality, the evil one, which was described and referred to “the double” in the movie and script. The evil version of herself was shown intentionally cut the tip of her index finger until it sliced and bled. In the movie, it also shown that the blood was real. From that scene, the researcher interpreted that scene as the proof that when it happened, the other personality of Nina took control. She bled herself because her other identity or personality, the evil one, took control. That was why, at first Nina did not realize that she cut her own finger. Moreover, when it happened it felt like Nina could not control that and could not avoid that to not happen. From that incident, the researcher saw that Nina experienced identity or personality state that was different from her true-self. From the theory of DID symptoms, it was explained that the sufferer of DID will has two or more personalities or identities that are very different one to another (Philip Wang, 2018). From the scene, it could be seen that Nina had the evil personality and identity that was very different from her true-self. Considering that, the researcher believed that from the datum above, Nina fulfilled the first symptom of DID, which was experiencing two or more identity. The creepy smile of her double portrayed distinct identities because it is beyond Nina’s mind. Meanwhile, Nina’s original and/or true personality is a kind hearted and innocent woman.

The changing of sense of self, sense of agency, changes in behavior, consciousness, memory, perception, and cognition

The second symptom of DID, according to APA, is the changing of sense of self, sense of agency, changes in behavior, consciousness, memory, perception, and cognition (Philip Wang, 2018). Sense of self is the view of an individual attitude towards oneself. Usually, it is related to physical dimensions, individual characteristics, as well as self-motivation (Philip Wang, 2018).

Datum 2

“Nina: “We can’t smoke in here”

Lily: “I won’t tell if you won’t”

Nina reluctantly takes the cigarette, holds it a little awkwardly, clearly not a regular smoker. Lily sparks a flame for her and then lights one for herself. Nina puffs, but doesn’t inhale. Lily smirks”

In the story, Nina is a nice girl who always lived in a healthy lifestyle. She never ate too much, she always ate healthy food, never smoke, and never drink alcohol. She tried to keep her body healthy and good because she was a ballerina and she had a dream to be the Swan Queen. In the minutes of 00.50.47, Nina felt really tired after a long session of practicing. She had a bad day because she did her practice badly. She then stayed alone in the studio, while everyone else, including her coach, already went home. Suddenly, when she was daydreaming in front of the mirror, her friend, Lily, came while smoking. Nina said that it was forbidden to smoke inside the studio. Instead of listened to Nina, Lily offered the cigarette to Nina. Surprisingly, Nina took the cigarette, even though she never smoke before. The researcher interpreted that Nina never smoke because previously she was portrayed as a ballerina with a very healthy lifestyle. Moreover, it was written in the script that Nina awkwardly took the cigarette, and when she smoke she smoke it wrong because she only puffed and did not inhale it. It was also written that the way Nina smoke showed that she was not a regular smoker. The researcher then interpreted Nina's change as a proof that Nina showed changing in her sense of self, where she changed her view and attitude towards herself. From the theory of DID, in the second symptom, the sufferer of DID can show changes in the sense of self. Sense of self is the view of an individual attitude towards oneself. Usually, it is related to physical dimensions, individual characteristics, as well as self-motivation (Philip Wang, 2018). It is in line with the action of Nina, who at that time changed the way she saw herself as well as her characteristics. She did not see herself as a healthy ballerina who was not allowed to smoke anymore, because she finally smoke the cigarette given by Lily. Additionally, she changed her characteristics from a nice and healthy ballerina to an impish and unhealthy ballerina, because she smoke. Therefore, the researcher believed that the datum above showed that Nina had a change in her sense of self.

Frequent gaps of sufferer's memories of personal history, including people, places, and events, for both the distant and recent past

The third symptom of DID according to APA is the sufferer has frequent gaps in the sufferer's memories of personal history, including people, places, or events, for both the distant and recent past(Philip Wang, 2018). Further, it is explained that the recurrent gaps are not consistent with ordinary forgetting (Philip Wang, 2018).

Datum 3

“Nina: “You put something in my drink.”

Lily: “Yeah...”

Nina: “And took off this morning.” Lily: “This morning?”

Nina: “Yeah, you slept over.”

Lily: “Uh, no. Unless your name's Tom and you have a dick.” Nina: “But, we...”

Nina stops herself”

In the datum above, Nina was having a conversation with Lily in the morning after they had a party in the night before. It happened in the minutes of 01.13.33. At that time, Nina had a gap in her own memory that includes people and event. The night before, Nina and Lily had a party in a bar, where they also consumed ecstasy and alcohol. In Nina's memory, after she went home from the party using a cab, Lily also went to her house and had a sleepover. From what Nina remembered, Lily went to her house and they had sex in Nina's house. Therefore, in the datum above, Nina tried to confirm to Lily that she put something in Nina's drink and they had a sleepover after that. However, Nina was confused why Lily did not wake her up, even though Lily slept in her house. Initially, Nina wanted to confirm the reason of why Lily went alone to the studio without waking her up. However, when she tried to confirm that, Lily said that she did not sleep in Nina's house. But, in Nina's memory, she remembered and felt it well that Lily was in her house and they had sex that night. The researcher interpreted Nina's confusion as a proof that Nina had a frequent gap related to a person and event. Nina had a gap in her memory where she did not remember the real event and situation that happened that night. What she remembered was another event which was very different with the real event that actually happened. Nina also remembered that there was Lily that night, while actually it was not true. Hence, the researcher could see that there was a gap in Nina's memories related to what happened after the party as well as the person included, which was Lily. In the symptom of DID, it is explained that the sufferer will show that there is a memory gap in the sufferer's mind, and it can happen to certain aspects, such as people, event, or place (Philip Wang, 2018).

Having depersonalization symptoms

The fourth symptom according to APA is the sufferer has depersonalization symptoms (Philip Wang, 2018). It is explained that the sufferer of DID may show depersonalization symptoms, where the sufferer feels like detached from thoughts, feelings, and like being separate from one's own body, as if the sufferers were watching their body with another personality (Philip Wang, 2018).

Datum 4

“She abruptly stops and submerges herself under the water, defeated. She lies still, her arms wrapped around her chest. She opens her eyes, her vision distorted by the water. Suddenly, her blurred Double appears, staring down at her. Nina shoots up. The Double is gone. Nina scans the bathroom, but she is alone”

Another proof of Nina had depersonalization syndrome could be seen in page 00.51.52. At that time, Nina was very tired, so she decided to drown herself in the bath. Shot for Nina's eyes, where her vision distorted by the water. Suddenly, she saw herself stood up on the bath, stared down at her. It was shown that her another-self had an evil face. In the datum above, it could be proven that Nina saw herself in front of her. In the datum, her another-self referred as "the double". The researcher saw that scene as a proof that Nina saw herself, referred as the Double, from another perspective. It means that she saw her own body from her another body. It was because the kind Nina, the one who was under the water, saw the evil Nina, and it was shown that there were two Nina there. The fourth symptom of DID explained that the sufferer of DID may experience a situation where she feels like she is being separate from her own body and as if she watches her body from another personality (Philip Wang, 2018). It is in line with the datum above, where Nina suddenly felt like she was being separated from her own body because she saw her body from another personality. It was shown from the way her kind personality saw her evil personality, or her Double.

Significant stress or problems in relationships, work or other important areas of sufferer's life

The fifth symptom of DID is significant stress or problems in relationships, work, or other important areas of sufferer's life (Philip Wang, 2018).

Datum 5

"Erica: "You're not my Nina right now!"

Nina: "LEAVE ME ALONE!!" Nina shoves the door shut"

The significant problem of Nina in her relationship also shown through the way she had a problem with her mother more than once. It showed that Nina's relationship with her mother got worse day by day. In the minutes of 01.08.12, as written in the datum above, Nina had another fight with her mother. Previously, before the Swan Queen role, she never had a fight with her mother at all. But, in the middle of the movie she suddenly changed and had a bad relationship with her mother. It was shown in the scene above that Nina had a fight with her mom, until her mom said that she could not recognize Nina anymore. When her mother said that, instead of saying sorry, Nina shoved the door shut and did not care and pay attention to her mother. The way Nina behave and had a fight with her mother proved that Nina had a significant problem with her relationship with her mother. In the theory of DID, the sufferer of DID will show problems or stress in the sufferer's life, that usually happened in the important areas of the sufferer's life. (Philip Wang, 2018). Hence, the datum above proved that Nina had a problem in her life, especially in her relationship with her mother.

A perception of the people and things around the sufferer as distorted and unreal

The sixth symptom of DID according to the theory of DID is the sufferer may have a perception that the people and things around the sufferer is distorted and unreal (Philip Wang, 2018).

Datum 6

“She looks down, sees one of her knees snap backwards, like that of a bird. Then, the other knee snaps back. Nina stumbles and falls. And slams her head into the radiator”

The datum above happened in the minutes of 01.25.00, right after Nina saw thorns appeared on her shoulder. After that, Nina got much panicked, and suddenly when she looked down, she saw both of her knees snap backwards until it broken. After a terrifying sight of her knees that snap backwards like a bird, Nina stumbled and fell. However, even though what Nina saw was there were thorns on her shoulder and her feet was broken, in the morning after that incident, Nina looked fine without any broken legs. It was shown that she slept and her legs were fine and not broken, because after that she still could walk and even perform in the Swan Lake performance. From that fact, it showed that what Nina experienced and saw at that night was false and not true. The researcher interpreted that as a proof that Nina got distorted in her perception towards the situation around her. According to the theory of DID, the sufferer may have a perception that the people and things around the sufferer is distorted and unreal (Philip Wang, 2018). From what happened in the datum above, it could be seen that the perception and memory of Nina related to things around her was actually distorted and unreal. It meant that Nina fulfilled the sixth symptom of DID.

Inability to cope well with emotional or professional stress

Datum 7

“Erica: “What happened to my sweet girl?”

Nina yanks Erica off the chair onto the floor.

Nina: “She’s gone”

Erica: “Please, you’re not well”

Under the cushion Nina grabs the hidden brass doorknob. Erica lunges for her daughter’s legs”

The scene above happened in the minutes of 01.26.17. The scene above involved Nina and her mother, Erica. Nina seemed could not control her anger. She even squeezed her mother's hand who got injured by her when she slammed the door. Her anger showed an emotional event and stress. The narration and dialogue above portrayed Nina's emotion. She could not control herself well when she faced that situation. Whereas, before she became a cruel woman, she was innocent and always obeyed her mother. Thus, the feeling of Nina's anger showed her stress. Furthermore, when she yanked her mom from the chair to the floor, when she squeezed her mother's injured hand, it all portrayed that Nina's is incapable to cope well with her emotion and stress. The behavior and action of Nina above was in line with the last symptom of DID, where it is explained that the sufferer of DID may have the inability to cope well with stress. Hence, the researcher believed that the datum above showed that Nina fulfilled the last symptom of DID.

Impacts Obtained by the Sufferer of DID to the Personality Development

After analyzing the main character, Nina Sayers, with the symptoms or diagnostic criteria of DID, the researcher analyzed Nina Sayers' personality development due to the DID condition of Nina Sayers.

Self-Worth

The first component is self-worth. Self-worth refers to what a person think about himself/herself. Carl Rogers believed that self-worth compares what a person think and it developed in the early childhood (McLeod, 2014).

Datum 8

“Erica: “But it’s alright. No matter what. You’ll probably get to dance the Pas de Quatre again. That’s such a wonderful part. Or maybe he’ll make you a Big Swan. Either way, you’ll shine”

Nina: “I know””

At that time, Nina just had an audition of the main character of black swan. However, during the audition, Nina lost her focus because someone suddenly went to the audition room and it made Nina shocked. Because of that, Nina thought that she would not get the role because she messed up her performance. What happened in the afternoon then made Nina sad and pessimistic. However, as could be seen in the datum above, Nina's mother tried to support Nina to the fullest. Her mother told her that she was a good ballerina and would do well in every role. Additionally, her mother also tried to convince Nina that Nina would shine in whatever role she got later. It made Nina had a good self-worth, because her mother supported her. The affirmation and compliment given by her mother, somehow, boosted her self-worth. It could be seen through the way Nina answered what her mother said with "I know", which meant that she knew that she would shine. The researcher interpreted that answer as a proof that Nina believed in herself. She showed that she confident with her skills. The way Nina answered the question is in line with the theory of self-worth in the personality theory. It is explained that a person with a high self-worth also has confidence and positive feelings about himself/herself (McLeod, 2014). Through that datum, it could be seen that Nina was confident and believe on herself, which proved that she had a good self-worth. Moreover, she got that because of the support she got from her mother. It is in line with the explanation of the theory that believed that self-worth is formed from the interaction of the child with the mother or father (McLeod, 2014). Hence the datum above showed the self-worth of Nina.

Self-Image

Datum 9

"Leroy: "Truth is, when I look at you, all I see is the White Swan. Yes, you're beautiful, fragile, fearful. Ideal casting. But the Black Swan...it's a hard fucking job to dance both"

Nina: "I can be the Black Swan too"

In the datum above, Nina came to Leroy a day after the audition because she wanted to convince Leroy that she deserved to get the Swan Queen role. During their conversation, Nina stated that she could show Leroy that she had mastered the coda and could play as the Swan Queen. However, Leroy hesitated that and said that Nina was a perfect role for the White Swan, not the Black Swan. Yet, to be the Swan Queen, Nina needed to master both White Swan and Black Swan. Hearing the explanation by Leroy, Nina directly said that she could be the black swan too. Her confident while saying that could be interpreted as an act that showed the way she saw herself. Through that answer, the researcher interpreted Nina as a person who saw herself as great and skillful. It means that Nina showed a good self-image towards herself. In the explanation of self-image, it was explained that self-image refers to the way someone see himself/herself (McLeod, 2014). It is about how we see ourselves, how we appreciate what we have, perceiving ourselves as a good or bad person (McLeod, 2014). From the theory, it could be concluded that Nina saw herself in a good wa because she saw herself as a great ballerina that even could two roles at the same time, which were Black Swan and White Swan. Hence, the researcher believed that the datum above showed the good side of Nina's self-image.

Ideal-Self

The last component is ideal-self. Ideal-self, is about who we would like to be (McLeod, 2014).

Datum 10

“Leroy: “Why are you here? All dolled up?”

Nina: “I came to ask you to give me the part. I can be the Black Swan too” Leroy: All that discipline, for what?”

Nina: “I want to be perfect”

The datum above happened a day after the audition, that was explained in datum 38 before. At that time, Nina really wanted to get the role as the Swan Queen, so a day after her messed-up-audition, she went to see Leroy in his office. At that time, Nina tried to change Leroy’s mind, so she could be the Swan Queen. When Leroy asked why she came, Nina directly said that she came to Leroy because she wanted Leroy to give her the part, which is the Swan Queen part. Nina said that because she had practiced all night long, and it made her believe that she could take the role. In the datum above, it also could be seen that Nina wanted to be perfect and really wanted that role. It showed Nina wish and desire, which was be the greatest ballerina ever by becoming the Swan Queen. The way Nina fought for that showed that she had a big goal that she needed to achieve, so she would do everything to achieve that. The action of Nina in the datum above could be interpreted as the ideal-self component of Nina. It was also in line with the personality theory related to ideal-self. In the theory, it was explained that ideal-self, is about who we would like to be, which consists of goals and ambitions (McLeod, 2014). Hence, the researcher believed that the datum above showed Nina’s goals and ambitions related to her ballerina carrier, which made her show her ideal-self

Conclusion

After conducting the analysis, the researcher found that Nina suffered from DID as Nina fulfilled all of the seven symptoms of DID. After that, the researcher analyzed Nina using the personality theory to see the impacts that were obtained by Nina as the sufferer of DID. It was because in most cases, the sufferer showed the impacts of personality development due to the DID. From the analysis, it was found that Nina had developed her self-worth, self-image, and ideal-self due to her background as the sufferer of DID. It was because Nina had a big ambition to be the best ballerina. During her way to achieve that, Nina suffered DID and had developments on her personality, in terms of self-worth, self-image, and ideal-self, according to the personality theory by Carl Roger.

Through this analysis, it is expected that it will be beneficial to give insight related to DID and its impacts. Furthermore, it is expected that this research can be used to conduct other deeper analysis related to DID.

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